



Sport

Who is this course for?

Students who are passionate about sport and a career in the sports industry. For anyone who would like to continue in Education and have an aptitude for coursework and enjoy independent learning.

What will I study?

The BTEC Sport course is completed over two years. It is a vocational course with a 'hands on' approach to learning.



The units covered are as follows:

Anatomy & Physiology — Learners explore how the skeletal, muscular, cardiovascular and respiratory systems function and the fundamentals of the energy systems.

Fitness Training and Programming—Learners explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client's health and wellbeing.

Application of Fitness Testing—Learners gain an understanding of the requirements of fitness testing and learn how to safely conduct a range of fitness tests for different components of fitness.

Professional Development in the Sports Industry—Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities.

Practical Sports Performance— Learners study the skills, techniques, tactics and rules of selected sports through active participation in individual/team sports.

Sports Event Organisation— Learners will plan, promote and deliver an approved sports event and review the implementation of the event and their own performance.

Investigating Business in the Sport and Active Leisure Industry—Learners investigate how business operates in the sport and active leisure industry and how it responds to trends and other influences to meet the needs of clients and to benefit the business.

Skill Acquisition—Learners study the factors that contribute to a skilled performance in sport and examine how sports performers learn and develop their skills.

How will I be assessed?

Work is assessed using a range of presentation techniques varying from written assignment to PowerPoint presentation to practical demonstration.

Written Examination and continuous assessment through a variety of assignments



Glossopdale Sixth Form Course Information

Course entry requirements

5 GCSEs at grade 5 or above in different subjects including English, Maths and Science.



What can I do with this qualification? If you want to continue in Higher Education you can progress on to courses in Sports Science, Physical Education, Sports Studies, Sports Therapy and, along with another A level course, Physiotherapy. Otherwise you can use it to apply for many jobs in the Sports Industry

Also consider

Biology, Applied Science, Psychology, Sociology, Dance, Performing Arts



With our impressive Sixth Form facilities, outstanding teaching and excellent results we are confident that we can offer you a successful route to university or employment.

