

Y7 Rounders Curriculum Summary

Name of unit	Rounders
Why do we study this unit?	Rounders is a current national sport. It is excellent for developing fundamental motor skills, enhancing team skills & team work. A team game that helps stimulate social skills used in everyday life.
By the end of the unit, students will be able to....	Students will develop a basic understanding of the skills used to participate in rounders. They will learn skills, rules and tactics.
Links to previous units	Pupils will learn the relevant skills, rules, fitness tests and tactics surrounding each sport within the PE curriculum. Pupils will follow this same structure throughout each sport as this builds the relevant knowledge that will maximise pupils progress and success. Additionally the sporting characteristics will be linked throughout so that pupils can adapt and demonstrate these values within school and in later life.
Key vocabulary	Self - Belief, Respect, Teamwork
Week and summary topic	Knowledge and skills learned
1: Skill	Bat with one hand Throwing and catching
2: Rules	Score at 2nd and 4th. Two no balls is half. Run around the outside of the posts and contact 4th to be in.
3: Fitness	No Fitness test in rounders
4: Strategy / Tactics	Be able to get to first base without getting out
5: Competition	Interhouse