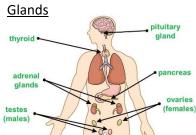
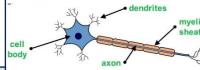
Biology 5: Homeostasis

1	Homeostasis	 Maintaining a constant internal environment Body temperature, blood glucose and blood water content are all regulated
2	Stimulus	☐ A change in the environment
3	Effector	 An organ that carries out a response (a muscle or a gland)
4	Hormone	A chemical messenger that travels in the bloodstream and causes a response over a wide area
5	Gland	An organ that releases hormones into the bloodstream (e.g. pituitary gland / pancreas)
6	Insulin	 Released by the pancreas when blood glucose levels are too HIGH Causes glucose to be converted to glycogen
7	Glucagon	 □ Released by the pancreas when blood glucose levels are too LOW □ Causes glycogen to be converted to glucose
8	Type 1 diabetes	 □ A condition where the pancreas does not release insulin □ Controlled by insulin injections, dietary restrictions and exercise
9	Type 2 diabetes	 □ A condition where body cells no longer respond to insulin □ Linked to obesity and genetics □ Controlled through dietary restrictions and exercise
10	Adrenaline	 □ A hormone produced by the adrenal glands in times of fear or stress □ It increases the heart rate and boosts the delivery of oxygen and glucose to the brain and muscles, preparing the body for 'flight or fight'.
11	Thyroxine	☐ A hormone released from the thyroid gland to control basal metabolic rate

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12	FSH	 □ A hormone released by the pituitary gland to control the menstrual cycle □ Causes eggs to mature in the ovary and stimulates the ovary to produce oestrogen 	19
13	Oestrogen	 □ A hormone released by the ovary to control the menstrual cycle □ Causes the uterus lining to thicken the stops the pituitary gland releasing FSH 	t (r
14	LH	 □ A hormone released by the pituitary gland to control the menstrual cycle □ Causes the ovary to release an egg into the oviduct 	
15	Progesterone	 □ A hormone released by empty egg follicle to control the menstrual cycle □ Maintains the lining of the uterus and inhibits the release of FSH and LH 	
16	IVF	 □ In Vitro Fertilisation □ Women are treated with FSH and LH, then eggs are collected □ Eggs are fertilised in the lab using a sample of sperm □ Embryos are surgically implanted into the mother 	ce
17	Neurone	☐ A nerve cell; carries electrical messages ☐ Adaptations are dendrites (for connection to other nerve cells) and myelin sheath (insulates the nerve and speeds up electrical impulses)	
18	Synapse	 A gap between two neurones Messages are carried across by chemicals called neurotransmitters 	
19	Sensory neurone	☐ A neurone that carries a message from a receptor to the central nervous system	
20	Relay neurone	 □ Part of a reflex arc, so only involved in involuntary actions (e.g. blink reflex / knee jerk reflex) □ Connects a sensory neurone to a motor neurone, bypassing the brain 	
21	Motor neurone	☐ Connects the central nervous system to effectors	



<u>Neurone</u>



Reflex arc

