



Relationships, Sex and Health Education Parent and Carers Consultation



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Aims of the Parents' Forum

- To enable the school to consult with a representation of the parent body on issues pertinent to the school and gather invaluable feedback from the parents that can be used for our continuous improvement
- Enhance communication with and between all members of the school community



Protocols of the Parents' Forum

- Agenda items should be tabled before the forum the agenda for each meeting will be published on the school's website.
- Parents & carers will be asked to register their interest in attending the next forum via Google Form
- Please note that all issues, whether you raise them yourself or on behalf of other parents/carers, should be general issues, not related to a specific child, teacher or incident.
- If you have specific concerns about your child your first point of contact should always be their Form Tutor/ Progress Leader or the Faculty Team Leader/Subject Leader.



Rationale

- At Glossopdale School, we believe RSE is essential for a student to have **good health, wellbeing and preparation for adult life in society**. This links in with our vision of PREPARE to THRIVE and therefore, is strongly aligned with the culture of the school.
- RSE is not about the promotion of sexual activity. It is about the emotional, social and cultural development of students and involves **learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity**.
- These subjects represent a huge opportunity to help our students develop.



Rationale

RSE involves a combination of acquiring knowledge and information, sharing information, developing skills, and exploring issues, beliefs, attitudes and values.

The knowledge and attributes gained will support their own, and others', wellbeing and attainment and help Glossopdale's students to become successful and happy adults who make a meaningful contribution to society.



DFE Guidance

‘The role of parents in the development of children’s understanding about relationships is vital.’

‘Parents are the first teachers of their children. They have the most significant influence in enabling children to grow and mature and to form healthy relationships’



Department
for Education



Primary -New statutory Relationships and Health Education

- ‘We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships and Health Education.’
- Department of Education

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body



Secondary -New statutory Relationships and Health Education

- We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships and Health Education.
- Department of Education

By the end of secondary school, pupils will have been taught content on:

- families
- respectful relationships, including friendships
- online media
- being safe
- intimate and sexual relationships, including sexual health

By the end of secondary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body



Statutory Requirements

- This is statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996.
- In all schools, when teaching these subjects, **the religious background** of all pupils must be taken into account when planning teaching, so that the topics that are included in the core content in this guidance are appropriately handled.
- Schools must ensure they comply with the relevant provisions of the **Equality Act 2010**, under which religion or belief are amongst the protected characteristics.



School Policy

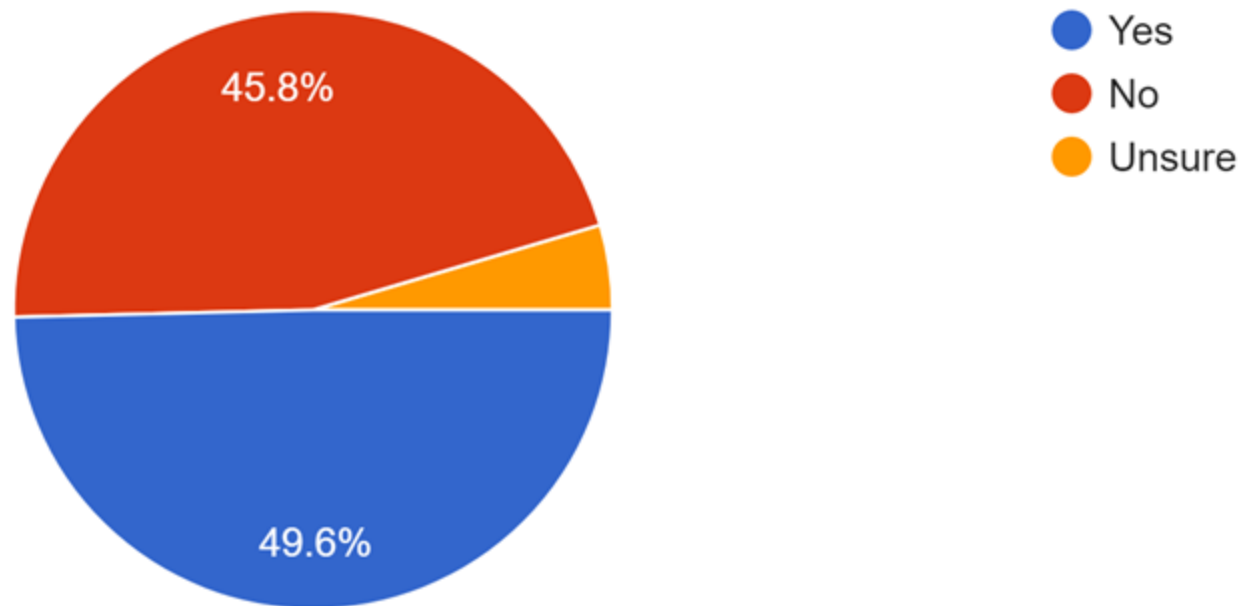
- What is RSE?
- Aims
- Statutory Requirements
- Principle and values
- SRE delivery
- Roles and Responsibilities
- Monitoring and Evaluation
- Parents right to request that their child is removed from Sex Ed (not Health or relationships)
- Confidentiality, controversial and sensitive issues
- Review of the policy
- Appendices - Overview of the curriculum and delivery and a right to withdraw form.



Parent Survey 131 reponses

Did you know that a change in the law means that all secondary schools are required to teach Relationships, Sex and Health Education from September 2020?

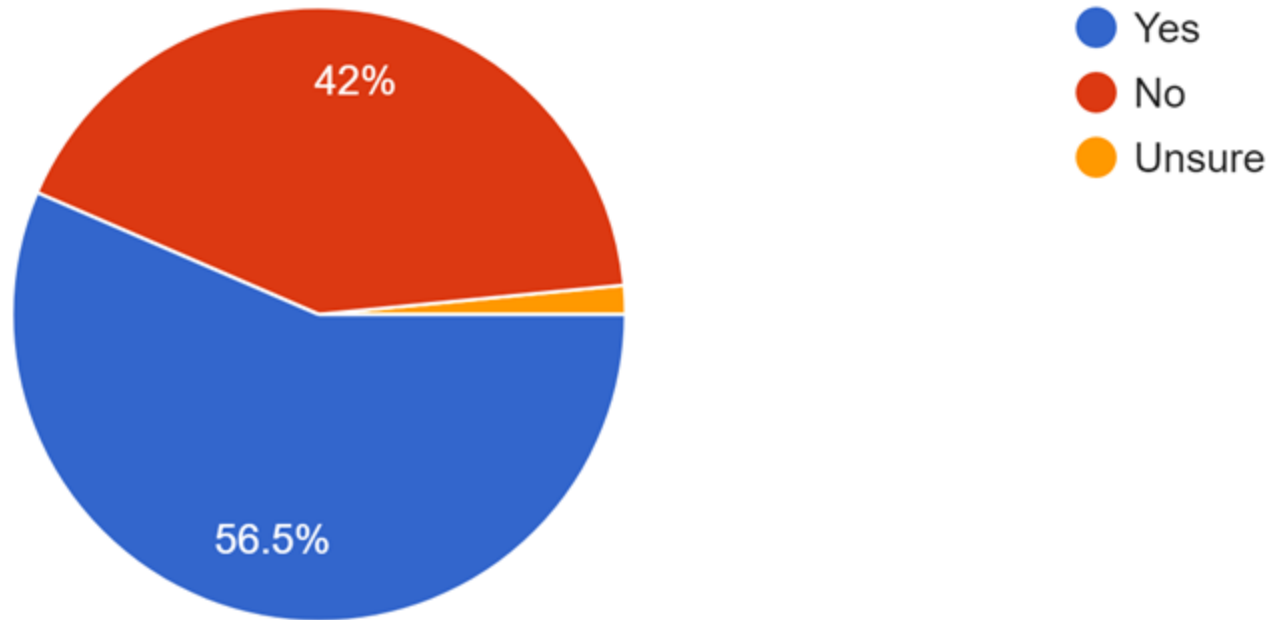
131 responses





Did you know that parents and carers continue to have the right to request that their child is excused from sex education, up until three terms before their birthday, at which point they can choose to opt in?

131 responses

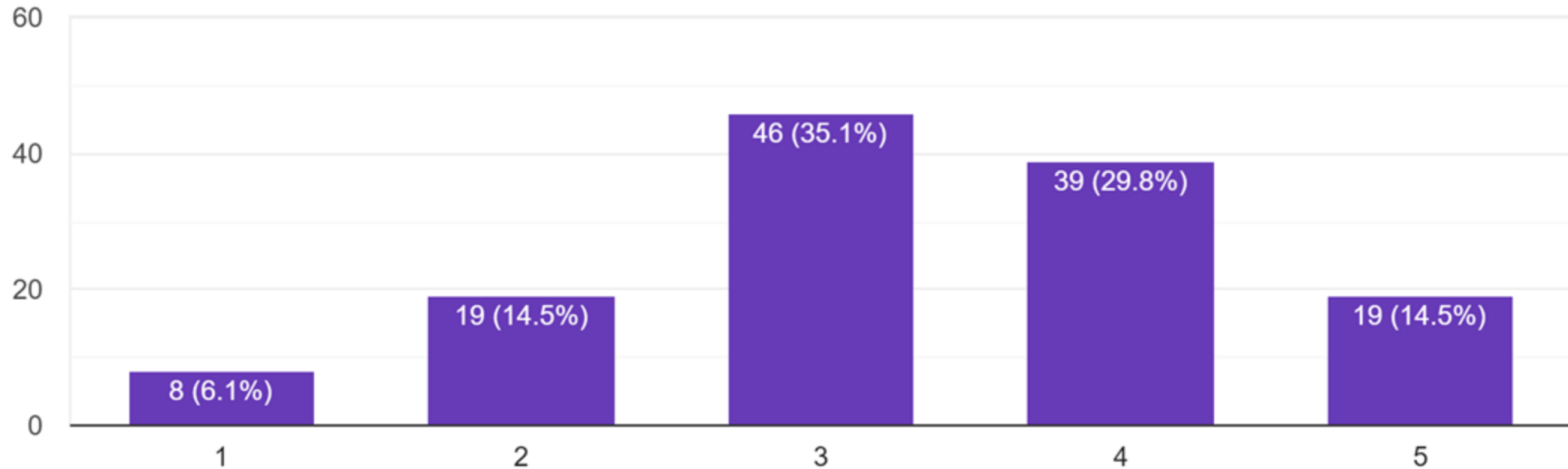




Television

What do you think are the main influences on children and young people's views of relationships, sex and health ? Please rate 1 to 5 (1 being the least influence and 5 being the highest).

131 responses

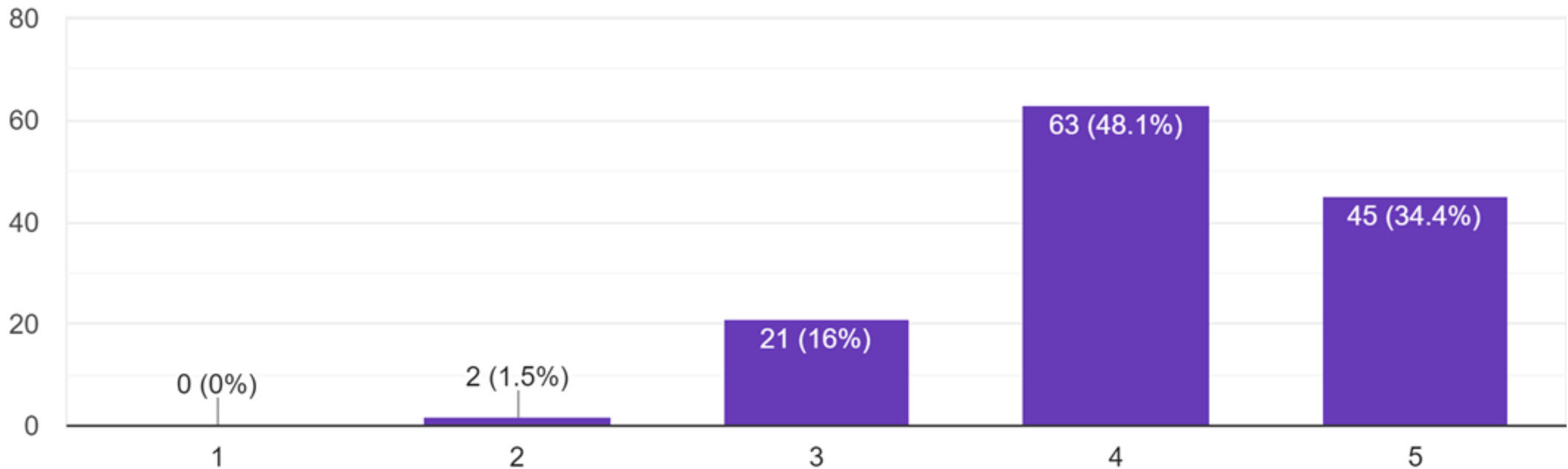




Friends

What do you think are the main influences on children and young people's views of relationships, sex and health ? Please rate 1 to 5 (1 being the least influence and 5 being the highest).

131 responses

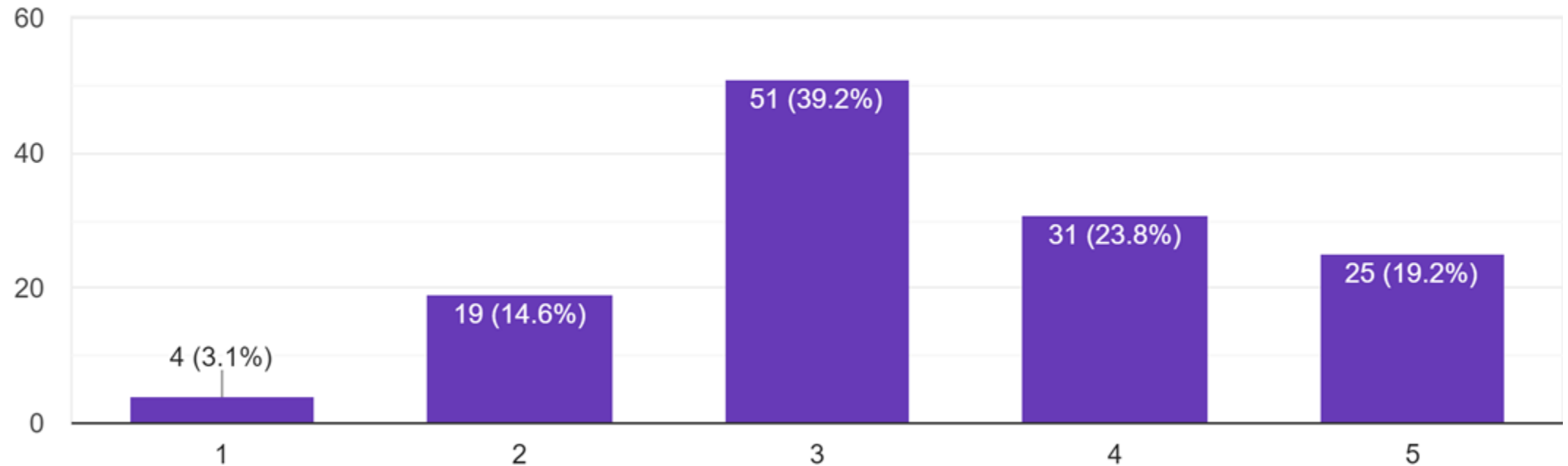




Family

What do you think are the main influences on children and young people's views of relationships, sex and health ? Please rate 1 to 5 (1 being the least influence and 5 being the highest).

130 responses

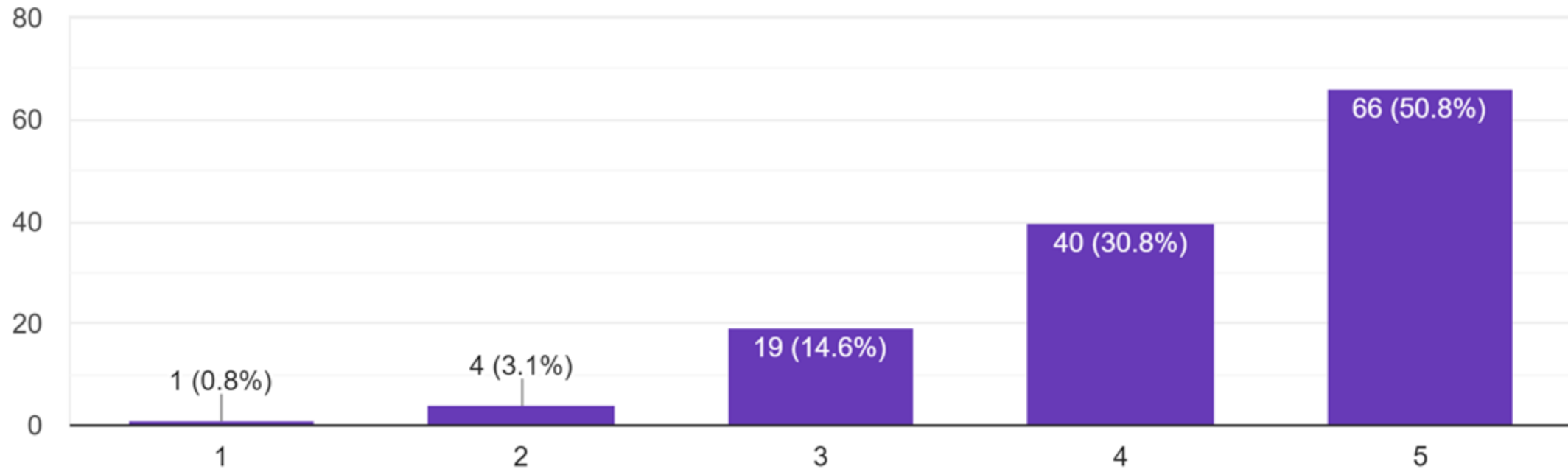




Internet

What do you think are the main influences on children and young people's views of relationships, sex and health ? Please rate 1 to 5 (1 being the least influence and 5 being the highest).

130 responses

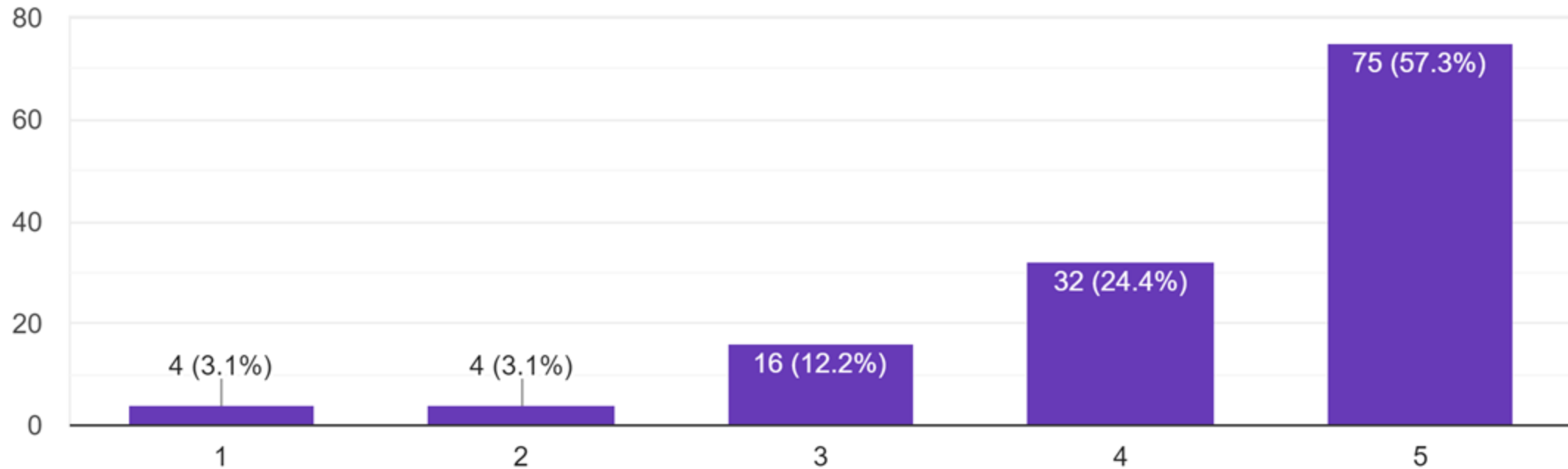




Social Media

What do you think are the main influences on children and young people's views of relationships, sex and health ? Please rate 1 to 5 (1 being the least influence and 5 being the highest).

131 responses





Other Influences:

School

Pornography

Peer Pressure

Experiences witnessed

Magazines

Religion

Video games

Abuse

Books

Adults (safe and Unsafe)



What values do you feel RSHE at secondary school should promote?

Respect, consent, reality vs social media, being open and honest

Empathy, trust, respect,

No shame

Safe and protected sex and how to recognise an unhealthy relationship

What a healthy relationship looks like, consent and what that means, pornography issues, respectful behaviour

Honest approach to what relationships are, expectations, what's wrong, awareness about risks of social media (pictures etc..), What not to put up with around a partner's behaviour, inappropriate relationships.



What values do you feel RSHE at secondary school should promote?

Being able to make sensible and informed choices. Issue of consent. Methods of contraception. Anatomy and correct words for 'parts'. Shouldn't be just taught as a 'way to make babies' - should be promoted as a natural activity for both men AND women - not just about power and pleasure for men (many articles available on this subject) Should promote female empowerment. Boys should also be taught about female menstruation, and taught that it isn't something to make fun about! Teach respect and understanding.

Honesty - respect - diversity

Consent, Health and all forms of Sexual Identity LGBTQ.

Safe sex, sexually transmitted diseases, pregnancy, internet pitfalls such as sending pics of body parts



Topics covered and curriculum areas

<u>PSHE</u>	<u>RSE</u>	<u>KS4 Differences</u>	
Self Concept	Positive relationships		
Mental health and emotional wellbeing	Relationship values		
Healthy lifestyle	Forming and maintaining respectful relationships	Health related decisions	<u>Other areas</u>
Drugs alcohol and Tobacco	Consent		Live talks
Managing risk and personal safety	Contraception and parenthood		Well being ambassadors
Puberty and Sexual health	Bullying abuse and discrimination	Sexual Health and Fertility	Assemblies
	Social Influences		Drop down days

To aspire, endeavour and thrive together.



SEND Students

There is no assumption that students should be taught in the same way as each other. Therefore, RSE is no exception and the subject will be tailored to remove barriers and meet the needs of individual pupils being taught ie reasonable adjustments will be made.

In essence the topics are covered in a similar way to mainstream students however, the pace and the detail of topics may be different for SEND students.

It may also be appropriate to revisit topics more frequently to embed the new skills and knowledge.



SEND Students

Richard Lawrence - project support assistant at Mencap

Strategies

- Use accessible words - remove jargon or difficult phrases
- So not use slang word
- Speak clearly and slowly
- Break information down
- Go at a slow pace
- Give breaks
- Keep checking the child's understanding
- Give examples
- Give extra time
- Do not patronise



Talking to your child- handy tips

- Reflect on your own experience- did my parents talk to me, did it help?
- Answer their simple questions early on
- Reply to their questions with small amounts of information first
- Answer truthfully so they know you are reliable.
- Use everyday situations to start conversation e.g. soaps..
- Use books or leaflets as a prop
- Let them know it's ok to discuss anything



Moving forwards

In order to explore more about how Relationships, Sex and Health Education is taught in our school would you be interested in the following:

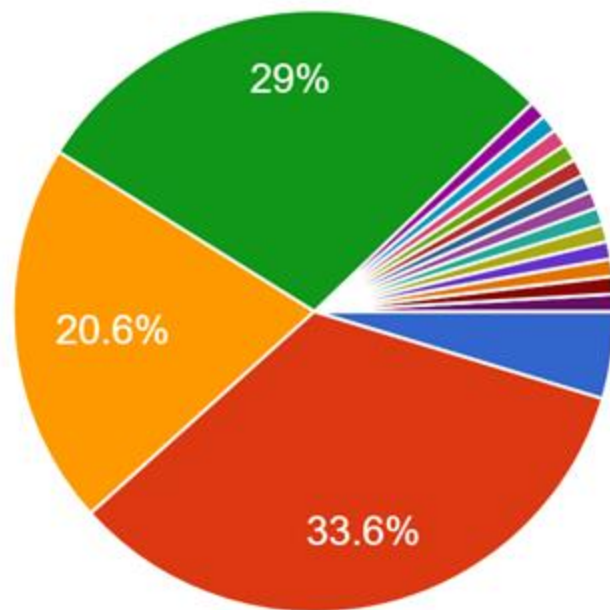
72 responses





How can we further support you to work with your child in this area of learning?

107 responses



- Provide books to borrow
- Provide tips on answering sensitive qu...
- Provide occasional events to share inf...
- Occasional simple home work tasks
- Being aware of what you are teaching...
- None I am happy
- Children with good parents or siblings...
- All the above

▲ 1/3 ▼



Moving forwards

1. The policy will be finalised and go to Governors before going on the website
1. Please fill in a feedback form at <https://forms.gle/jbY3yeQXvDuzEzMw5>
I'll put the link in the 'chat' and send out afterwards.
1. My email for parents to get in touch is cdunkerley@glossopdale.school



Any questions?

To aspire, endeavour and thrive together.