

## BTEC Summer transition project

# Cambridge Technical in Health and Social Care

## Unit 2: Equality, Diversity and Rights

As part of your preparation for the Autumn Term, you will need to research the following types of discriminatory practice:

- Discriminatory practices based on race, culture, disability, social class, age, gender, sexual orientation, religion
- Direct and indirect discrimination
- Types of abuse such as prejudice, stereotyping, labelling and bullying.

Spend time researching each of the above and then discuss who are more likely to be affected by each type of discrimination and how they would be impacted. Use the following list to help you.

***Individuals affected, i.e. • individuals who require care and support (e.g. patients, children, older adults, people with disabilities) • family/friends/relatives of individuals • practitioners (e.g. nurse, G.P., physiotherapist, teacher, early years practitioner, social worker, care assistant, care worker)***

***Impact on individuals, i.e. • disempowerment • low self-esteem and low self-confidence • poor health and well-being • unfair treatment • mental health***

### The structure for each point should follow:

- Description of the discrimination
- Individuals most likely to be affected
- The impact of that discrimination on the individual.

### Suggested sources:

1. <http://www.cqc.org.uk/>
2. <http://www.equalityhumanrights.com/>
3. <http://www.mencap.org.uk/>
4. <http://www.headway.org.uk/>
5. <http://www.theguardian.com/society/2006/jun/10/equality.health>
6. <http://www.bbc.co.uk/news/health-18407768>
7. <http://www.telegraph.co.uk/news/health/9171551/Discrimination-denying-care-home-residents-hospital-access-study-suggests.html>



**Who to contact if you should require further assistance**

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